



NEWS: 20 April 2016

The Wyatt Trust and The James and Diana Ramsay Foundation win Philanthropy Australia's Best National Large Grant Award



GROWING CONFIDENCE: Daniel Longo, Niamh Massey and Maddy Higgins are all taking part in the Resilient Futures SA project. Picture: MATT TURNER

BRAD CROUCH MEDICAL REPORTER

A LANDMARK project to steer 850 at-risk Adelaide youths back on track by building their resilience has been recognised by a national award.

The James and Diana Ramsay Foundation and The Wyatt Trust last night were honoured with the national Best Large Grant award by Philanthropy Australia.

Their \$1.1 million grant for the Resilient Futures SA pro-

ject supports a three-year project to build confidence in people aged 16-20 at risk of falling between the cracks by not being in school, employment or training.

The Wellbeing and Resilience Centre at the SA Health and Medical Research Institute is delivering the project through community partners in touch with often transient young people. The first group has started – eight teenagers already involved in the Service to Youth Council's work.

Project lead David Kelly from SAHMRI said the work aimed to build resilience in people who may have been told they have little hope for the future, with the aim of keeping them engaged with education and training.

It employs techniques developed by former Thinker in Residence Professor Martin Seligman and used by the US Army.

It includes workshops for disadvantaged youth, mentoring and online resources.



RESILIENT FUTURES SA



Project Lead, David Kelly far left, is joined by some young people in the Resilient Futures Program with Service to Youth Council workers who are service providers to the program. They join funders (far right) Paul Madden (Wyatt Trust) and Kerry de Lorme (James and Diana Ramsay Foundation).